



# Calder Chronicle

NUMBER 26

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**THURSDAY, 27<sup>TH</sup> AUGUST 2020**

## CALENDAR

Tuesday, 15<sup>th</sup> September

School Council Meeting via Webex

**Friday, 18<sup>th</sup> September**

**Last Day for Term 3**

## School Organisation

Dear Parents / Guardians,

As we work deep into Term 3, the great majority of families have settled into Remote Learning routines and staff are reporting great engagement through Webex, Dojo and Showbie... or plain old fashioned email and phone calls. I thank you for continuing to support your child/ren during such times... by assisting them in partnership with your child's teacher / education support officer to have success. Honestly, you just can't sit back for 7 weeks and let it go. 7 weeks of learning is critical for all children and the best they can get is from you following the work set by their teacher/s... and ensuring they make connection where possible with the 1:1 supports offered via Webex.

### **LEARNING AT HOME... AN UPDATE WITH THREE WEEKS OF TERM TO GO!**

As discussed above, Remote Learning is going really well, with children and parents engaging often with teachers over Webex. Reports from all indicate the contact via live video is a real positive... and children are the benefactors of this approach. Our staff continue to work hard to support anywhere from 20 – 26 children remotely, with many teachers doing multiple catch ups with children on a fortnightly basis. We know this period of time is critical for their learning, so please work with us to ensure you are getting your child to commit. Yes... it's hard work getting a child to sit and learn, but if you don't do it, your child will suffer. We are all required to do hard things at the moment and this is no different for our children – so work through the hard patches and get to that routine of learning at home. Remember – 2 hours for Prep, Year 1/2 and 3 hours for Years 3-6 is enough – if you set your mind on it... your child could have all their work done in one or two blocks, with the afternoon free to relax. I know the majority are doing this well – let's just try and get everyone through this period with the best outcomes possible. Teamwork is key – let's all do our bit.

The following platforms are being used across the school – please check in each day to find out what your child should be doing:

<https://bhps3.edublogs.org> - For children in Pauline, Jen & Nicole/Sharyn's classes – Prep and Year 1

<https://juniorunitbhps.edublogs.org> - For children in Rhys or Catherine's classes – Year 1 and 2

<https://34bighill.edublogs.org> - For children in Dean, Wendy and Renae/Sandra's classes – Year 3 and 4

For children in Prep – Year 6 to access their Chinese lesson each week, the website we are going to use for Chinese remote learning this term is: <https://padlet.com/learnchinesebendigo/remote>. It is recommended that students use Chrome to access the site.

Our Senior Unit Students are working through Showbie – instructions for children and families from Lauren/Roberta, Brett, Ainsley and Kate's classes have been shared. If you have access issues, please contact your child's teacher via email.

### **USING OUR ON SITE SUPERVISION PROGRAM**

By now, numbers of on site students have stabilised, with a few families withdrawing from use with local community transmission (ie. in Greater Bendigo) present. Obviously, we keep children as safe as possible, however, time at school presents multiple exposures to your child. Whilst they probably wouldn't get very sick if they were unlucky enough to be exposed, children do carry germs... so consider carefully the absolute need to expose your child. Having said that, the Victorian Chief Medical Advisor still reports that schools are safe places to send your child. We aim to ensure this is the case. The on site program can only be used where a conversation has been undertaken with myself... forms are then shared, where a parent legally signs off their reasoning for using the service. Please note, the service is not to be used when there is an adult at home who can supervise the children. It is to be used when there are no adults to supervise...and no other options. Children in Out Of Home Care also qualify, as do those considered vulnerable by THE DEPARTMENT OF HEALTH AND HUMAN SERVICES (DHHS) or our school. Children with a diagnosed disability (eg: a funded student under the Program for Students With Disabilities and Impairments program) also qualify. On site supervision is not for families who can't be bothered, are sick of having to do remote learning, are fed-up etc. The direction is clear by law... if they can learn from home, they must.

Please be mindful to keep your children home when there is an adult to supervise them. We are all in this together... so keeping small numbers on site and safely distancing adults from each other is a high priority. We want everyone safe... children, families, parents and our staff. Thanks for your consideration of the rules when booking into on site supervision. A general reminder to current users of the program that forms are due in of a Thursday, by 4:00pm to either myself ([Matthew.Pearce@education.vic.gov.au](mailto:Matthew.Pearce@education.vic.gov.au)) or Janet Dean ([Janet.Dean@education.vic.gov.au](mailto:Janet.Dean@education.vic.gov.au)). No late forms will be accepted in line with our DET Operations Guide. Staffing for the coming week is done early Friday, outlining why numbers must be known by the Thursday afternoon. Supervision is of course just that... adults supervising your children doing remote learning. It's basically having another adult other than you watching them do their work. Teachers aren't doing supervision – they are busy doing remote learning with their class each day. As most run sessions throughout the day, they can't be in two places at once, so priority is to the remote program. Children on site will work with Casual Relief Teachers, Education Support Officers and Out Of School Hours staff.

### **OSHC**

Our Out of School Hours Care program is running normally, with Before School Care available from 7:00am – 8:45am and After School Care from 3:15pm – 6:00pm. If you are using the On site Supervision program and are an existing user of OSHC, feel free to book days and times the normal way – contact Janet Dean via email [Janet.Dean@education.vic.gov.au](mailto:Janet.Dean@education.vic.gov.au) or phone the Office. If your child is attending On site Supervision and you are starting work early, you must book them into OSHC.

### **FEELING SICK? FLU-LIKE SYMPTOMS?**

If your child reports to you that they have any flu-like symptoms, sore throat, runny nose, loss of smell or taste, cough, sneezing etc. then please leave them at home. By law, your child must not come to school if they are feeling unwell in any of the ways outlined. It can be a burden having to stay home with unwell children, but in current times, you will need to. For adults visiting the school for pick up etc, please ensure you stay off site if feeling unwell.

### **ADULTS ON SITE**

The only adults on site should be our staff. We all sign in on a COVID register each day – in case there is an outbreak and contact tracing occurs. If you are dropping your child off or picking them up, please wait in the top carpark, or if collecting earlier, please ring the office and we will have your child sent up. If you need to come to the Office, the foyer will be locked... please knock or call ahead to advise your arrival.

### **FACE MASKS / COVERINGS**

All adults attending on site, whether staff, parent or other have to wear a face mask / covering under new Victorian law. Please ensure you have a mask on when out of your car, on site etc. Children do not have to wear masks in Primary Schools, even those who are 12. If your child is on site, they are more than welcome to wear one if they feel safer.

### **WELLBEING SUPPORTS**

We have shared our supports online with you, however, should you ever need assistance, feel free to contact the office and Sharyn, Megan or I will be in a position to make contact with you. I know pride can sometimes get in the way of asking for help, however, I want to assure anyone that if you come directly to me I am very understanding, confidential, supportive and non-judgemental. Please make contact if you are struggling... I might be able to give you a simple solution to what might be a big problem. At the very least, I can be someone to talk to. As mentioned, both Sharyn and Megan are also only too happy to help where we can.

### **STAFF CONTACTS**

In addition to the wellbeing supports outlined above, we have also clearly shared contact details for each staff member, their days of work and contact hours on our website and on Facebook. Please remember, like you, our staff have set hours of service and are not contactable 24 hours a day. Please be patient and understanding if there is a delay in a response, especially when contact is made out-of-hours or on weekends. I know our staff are very dedicated and happy to help – so please, always approach them with respect and consideration – even if you are feeling really under pressure. Tough times for all – we're all in this together etc.

### **SOCIAL INTERACTION**

We are having some social interaction for children via Webex during the day. When children are online using Webex etc, please ensure you are supervising them so that chat, text etc. is appropriate. It's important for children to spend time seeing others – so why not set up FaceTime calls / Webex / Zoom / Messenger calls between families so there is that connection? It really makes a difference!

### **ATTENDANCE**

We mark the roll each day... however, if a teacher feels a child is not engaging in their work, they may have to mark the roll as an absence. To ensure your child is marked present each day, ensure you are responding to teacher emails, answering phone calls, attending scheduled Webex meetings OR return completed work to teachers when requested. The First Steps, Junior Unit and Middle Unit are using Class Dojo now to communicate – making things easier.... whereas the Senior Unit have the children working on Showbie and submitting work there. All Units are using Webex this time around too, so if your child attends a meeting... this is a sign of attendance. Should your child be unwell, please email your child's teacher, myself ([Matthew.Pearce@education.vic.gov.au](mailto:Matthew.Pearce@education.vic.gov.au)) or Janet Dean ([Janet.Dean@education.vic.gov.au](mailto:Janet.Dean@education.vic.gov.au)) so the roll can be marked accordingly. When your child is unwell, there is no expectation that they would be working remotely... we just need to mark the roll to reflect this.

## **KINDER – PREP ENROLMENT**

If you have not enrolled your child for Prep, 2021... please contact the Office / Janet Dean as soon as possible. For parents wanting to organise a tour, we are unable to provide school tours currently due to COVID-19 restrictions. When a time arrives when this can be done safely, we will advise on our website.

## **SCHOOL PHOTOS**

These have arrived back at school and will be handed out when the students return to normal learning, hopefully at the start of next term. If you simply cannot wait that long, please email [janet.dean@education.vic.gov.au](mailto:janet.dean@education.vic.gov.au) to arrange a pick up day and time.

## **SCHOOL COUNCIL**

Our September meeting of School Council is on Tuesday, 15<sup>th</sup> September via Webex. Please make a note of this in your diary if it affects you.

## **DOSE OF SUNSHINE!**

Whilst we can't go far from home under current Stage 3 Restrictions, the weather tomorrow and over the weekend is looking particularly fine. There's a lot of research around regarding getting adequate sun exposure for that dose of Vitamin D. As the UV threat is low presently, why not make some time this weekend, with the family, to be outside in the day. You will notice the almost immediate effects on wellbeing of being outside for a prolonged period of time. Prioritise yours and your families mental health this weekend by enjoying the sun.

## **THIS WEEK'S 5 ACTIVITIES TO DO AT HOME, WITHOUT NEEDING A TEACHER**

Your child's set work is most important, but when a day is not going so well, why not try mixing the day up with some of the following ideas. Here's another 5 to try! **1. Read a story together** – a book shared is a wonderful experience! Show them your skills as a reader. Share the reading load also... this encourages reluctant readers... **2. Watch a wildlife documentary on TV, NETFLIX, STAN etc** – when it's finished, talk about what they learnt, what was most interesting, what was sad, what was funny, what made them wonder? With the wondering, hop onto Google and find out more facts, watch videos and find images... Lots of writing can come out of this also... **3. Sew** – what a time to learn an age-old skill! Sometimes someone in the family has this hidden talent and can suddenly become the teacher – showing children how to hand sew, or machine sew (depending on age and supervision) – making anything from a cushion, toy for a pet, stuffed bed toy, face mask... whatever! **4. Draw** – look up famous art, can your child re-create a famous style? Could they draw something outside, inside, a self-portrait, an animal, a tree... can they draw as well with texta, pen, pencil etc? Discuss the use of different mediums (ie: art materials) and what they prefer, why... **5. Paint** – this is very therapeutic for some people... why not do it together on the kitchen table? Cheap paint supplies can be found at most major stores like Kmart, ALDI and supermarkets... You might even like to buy a cheap canvas and create that long lasting piece of art!

## **BIRTHDAYS**

Happy birthday to Sophie B, Jett G, Zane L, Lyla E & Marcus B.

As we head into Week 8, it's hard to believe we only have 3 weeks of Term to go! With this in mind, work hard with your child to keep them up-to-date with their learning. We don't want children slipping behind.

Glorious weather ahead for a few days, so make the most of it. Stay safe and stay connected to loved ones. Enjoy the company of your children and how special such times truly can be!

Until next week...

*Matt Pearce, Principal*

## **FIRST STEPS NEWS**

### **INCURSION CREDIT**

Unfortunately due to COVID-19 our Chris Humphrey Wildlife Incursion can no longer go ahead. If you have already paid for this incursion your school account will be credited the amount for the incursion and this money can be used towards our swimming program in Term 4 or any future incursions or expenses.

### **REMOTE LEARNING**

A reminder that our weekly planners can be found on our blog: <https://bhpst3.edublogs.org/>.

### **WEBEX**

At 9:40am each day all First Steps classes will be holding their Webex class meeting. During this time we mark the attendance roll, explain the daily timetable and do Show and Tell. If your child can not attend one of the Webex meetings throughout the week, but will still be participating in the remote learning tasks for the day, it is important that you notify your child's classroom teacher via Dojo or email. If there is no contact made throughout the day, your child will be marked as absent.

**Please remember that we are here to help you and your child and are available between 8:45am and 4:00pm each day and can be contacted via Dojo (preferred platform) or email.**

## DOJO

Dojo is a platform that we are using to communicate with parents and a place where student work will be submitted. Most parents have accepted the invite to Dojo and are now using the program successfully and with ease. If you haven't joined Dojo, please look out for an invite from Dojo in your emails. If you cannot locate this invite, please email your child's teacher and they will send another invite out to you.

### **Emails:**

P/1 Pauline (FSP) – Monday to Friday  
[Pauline.Mulcair@education.vic.gov.au](mailto:Pauline.Mulcair@education.vic.gov.au)

P/1 Jen (FSJ) – Monday to Friday:  
[Jennifer.Nicholls2@education.vic.gov.au](mailto:Jennifer.Nicholls2@education.vic.gov.au)

P/1 Nicole (FSN) – Monday to Thursday:  
[Nicole.Argall@education.vic.gov.au](mailto:Nicole.Argall@education.vic.gov.au)

P/1 Sharyn (FSN) – Friday  
[Sharyn.Burnett@education.vic.gov.au](mailto:Sharyn.Burnett@education.vic.gov.au)

## STARS OF THE WEEK

*For using a variety of reading strategies during our Webex Reading Conference:*

FSJ **Blair W**  
FSP **Jake W**  
FSN **Linken A**

*Jen, Pauline, Nicole & Sharyn*

## **JUNIOR UNIT NEWS**

### STUDENT OF THE WEEK

*For doing their best when planning, drafting and publishing their marine animal information reports:*

JC **Henry P**  
JR **Levi B**

*Catherine & Rhys*

## **MIDDLE UNIT NEWS**

### REMOTE LEARNING

Just a reminder that the Middle Unit has the following communication platforms:

- \* [34bighill.edublogs.org](http://34bighill.edublogs.org) (To access the Learning Schedule, videos, worksheets and links to Webex),
- \* Class Dojo (To message and upload student work),
- \* Webex (To join class meetings and student conference calls).

Class teachers can also be contacted via email:

[Renaie.Westley@education.vic.gov.au](mailto:Renaie.Westley@education.vic.gov.au)  
[Dean.White@education.vic.gov.au](mailto:Dean.White@education.vic.gov.au)  
[Wendy.Hicks@education.vic.gov.au](mailto:Wendy.Hicks@education.vic.gov.au)

### WEBEX

Thank you to all the students for participating in our daily Webex calls. Class meetings are an opportunity for teachers to mark the roll and go through the daily learning activities. This is often followed by individual conference calls with a focus on Reading, Writing, Spelling and Mathematics.

## THANK YOU

As we approach Week 8, the teachers would like to thank parents and families for their ongoing assistance and support with Remote Learning.

## STUDENT OF THE WEEK

*For effort and commitment during Remote Learning:*

MW **Emily A**  
MR **Harley N**  
MD **Zoe W**

## **SENIOR UNIT NEWS**

### YEAR 7 ENROLMENT PACKS

Information packs from Crusoe College were posted out last week. If you don't receive it by tomorrow, you will need to contact Crusoe directly.

BSE packs will be posted directly to families on Wednesday, 2<sup>nd</sup> September.

### INFORMATION REPORTS

Congratulations to all our Senior Unit students who have completed their information report publishing this week! We have been amazed at the creativity displayed and also the variety of published pieces. Well done!



*Oliver S*



*Chelsea W*

## Geckos

### Introduction

The gecko is a small and fast lizard and there are approximately 1500 species of geckos. These amazing animals are reptiles which means they hatch from eggs and they are cold blooded. This insectivore is found on all the continents except Antarctica. This reptile is a nocturnal animal meaning it sleeps at day and is active at night.

### Appearance

The appearance of the gecko is different depending on its type. Generally, the gecko has a concave forehead. Its tail is fat, wedged, and covered in scales. This reptile has inner ears, which are tunnels on the side of their head which measure sound waves to locate the direction of the sound.

### Diet

Insectivores eat many insects and other things. It uses pheromones to attract its prey. Some of the insects it eats are beetles, butterflies and mosquitoes. As the gecko eats insects it also eats fruit and flower nectar. Despite all the gecko's teeth it does not chew its food it swallows it whole.

### Protection

This reptiles tail falls off to deter predators and regrows. The gecko can camouflage to hide from its predators. Some of the geckos' predators are lizards, snakes and birds. The gecko uses its senses to alert other geckos that a predator is near.

### Conclusion

Its fascinating that the gecko can regrow its tail and can camouflage. The female gecko usually has twins. The female gecko can be pregnant for many years. Geckos ears are 350 times more sensitive than a human. Some species of geckos have no legs and look more like snakes.



Mitchell G



Mia S



Jaxson S

## Gouldian Finch

"Wow they are beautiful"

People often admire it's beautiful colours when they get to see them, they always get your eye sight pinned at them. Gouldian Finches also have other names or nicknames than one. The other names for them are the Rainbow Finch, Lady Gouldian Finch, Purple Breasted Finch and the Gouldian Grass Finch. They are only found in Western Australia, in a tropical savanna woodland.

### Diet

The Gouldian Finch have developed some patience in the summer time for the undergrowth to be burned by bushfires. So it's easier to find seeds because they mostly eat seeds. But that's only in the dry season, on the other hand when it's a wet season they have to scavenge for them then let the fire do their work. They also eat various of grass, along with fruits and leafy vegetables.

### Appearance/Colours

The colours of Gouldian Finches are magnificent, they have green backs, a rich yellow belly or a fiery red-orange. The head can be three different colours, red, black and yellow. The way you can tell female and male apart is by the chest, the males chest is a dark purple and the females have a faded purple chest.

### Predators

In the tropical savanna woodlands, Gouldian Finches are always on high alert when finding food or water, they always look out for snakes, feral cats and their dangerous predator the hawks. They always hide in high places so snakes and feral cats have to climb up, then they fly away high so they're not reachable, but hawks are trouble for them. They are always in huge flocks when drinking from lakes or rivers, some stay on alert for intruders while the others drink then they eventually swap over.

These unique birds are a fascinating species to admire it's mixed matched colours and their intelligence.



### Diet

For Galahs they are pecky eaters but they do like to eat seeds. Galahs do like to eat a variety of other things like roots leaves and buds. If they are in captivity the most important thing is vitamins so fruits and veggies would be best. You can feed the Galah lettuce or avocados because of potential toxicity. If you want to feed your Galah an apple don't forget to remove the seeds.

Ruby H

Brodie H'

The Australian Wombat is native Australian animal. They are the second largest of all marsupials. There are three types of Wombats- Nosed Wombat (*Vombatus Ursinus*), Southern Hairy-Nosed (*Lasiorhinus latifrons*) and Northern Hairy Nosed (*Lasiorhinus krefftii*). It is also a very fat animal, and it wobbles on its wobbly legs. They are known to be world champion diggers for burrows. Wombats poo is cubed shaped.  
Fun fact- Wombats can run up to 40km per hour which Usain Bolt runs 47km per hour so they can run super-fast. Wombats are a nocturnal marsupial.

**Appearance**

As a very brown marsupial, Wombats have a backwards facing pouch. They look like a Bear, Pig and a Gopher. The closest relative to the Wombat is a Koala. Wombats are a very strong animal with muscles that you can see in their legs. Wombats use their two front paws to dig their burrows easily, because they are really sharp. Their teeth don't stop growing.

**Diet**

Wombats eat grass, roots, shrubs and vegetables which cause their teeth to grind down, so that's why their teeth don't stop growing. Wombats food is very good for them, they do have a slow metabolism which is why they are fat. A Wombat's stomach can hold the food in their body for 20 hours but takes them 4-6 days to digest a meal.

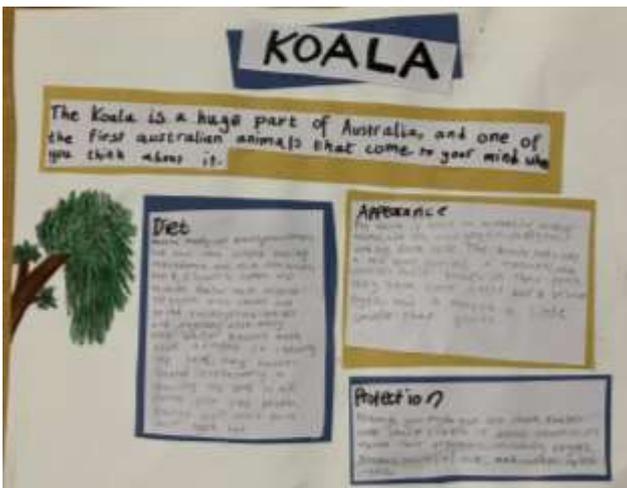
James G



Cooper S



Tess H



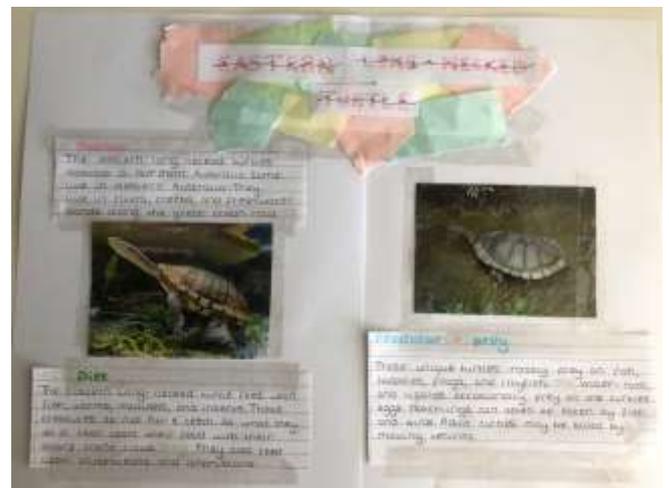
Miller D



Wesley H



Ella R



Indi N

Ainsley, Brett, Kate, Lauren & Roberta

# ART NEWS



Jazmine, FSJ



Nathaniel FSJ



Avery, FSN



Jacob, FSP



Abby, FSN



Grace, FSP



Remi, FSN



Riya, FSP



Tasman, FSP



Nikirra, FSN



Poppy, FSP



Scarlett, JC



Ty, MD



Olivia, MR



Lacey, MW



Snow, MW



Gregory, MD



Jarrod, MW



Logan, SB



Chelsea, MR



Billie, MW



Wesley, SB



Marcus, SK



Oliver, SL



Marley, SK



Bailey, SL

Sandra Willis  
Visual Arts

### COMMUNITY NEWS



Tess, SK

**FREE TRIAL**  
**ARE A HOT SHOTS**  
 JOIN US ON THE COURT TODAY!!!  
 BOOK YOUR FREE TRIAL

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 E: INFO@VAHLANDTENNIS.COM  
 FOSTERVILLE GOLD TENNIS CENTRE  
 21-23 MOLAN STREET, BENDIGO



Marley, SL

As most of you would be aware, we have a family at Big Hill PS going through an enormous medical situation at the moment.

They have a fundraiser set up and would appreciate any donation you could spare. Thank you.

Please visit:

<https://www.mycase.com.au/page/230474/ride-for-ella-fight-against-leukemia/1>



Saver Plus is a matched savings and financial education program, offered by community organisations in every state and territory.

Saver Plus assists individuals and families on lower incomes to build assets and improve financial capability. It has supported thousands of lower-income earners to develop a lasting savings habit.

### **Saver Plus offers:**

- up to \$500 in matched savings for education costs
- fun, free and informal financial education workshops
- assistance and support from a Saver Plus coordinator to establish a savings goal and develop a savings habit.

Participants make regular deposits towards a savings goal over a 10-month period and attend workshops to build their financial management skills.

When participants reach their savings goal, ANZ matches the amount (up to \$500) towards education costs including uniforms, text books, laptops, sports equipment, music tuition, TAFE or apprenticeship fees and much more.

### **Who can join?**

Participants must meet all of these criteria:

- be at least 18 years old
- have a child at school or starting next year OR be attending vocational education
- have some regular income from your work (you or your partner)\*
- have a Centrelink, Health Care Card or Pensioner Concession Card
- have not received matched funds from Saver Plus before (you or your partner)
- be in receipt of an eligible Commonwealth social security benefit, allowance or payment (contact your local Coordinator for more information).

Please note you must also be in receipt of an eligible Commonwealth social security benefit, allowance or payment. Many types of income and Centrelink payments are eligible, your local coordinator can confirm this with you when they call to discuss joining the program.

Complete the online form using the link below to see if you are eligible to join the Saver Plus program:

<https://www.bsl.org.au/services/saving-and-managing-money/saver-plus/saver-plus-enquiry-form/>

# LET'S TALK BODY CONFIDENT CHILDREN & TEENS

Parent Seminar



## BODY CONFIDENT CHILDREN & TEENS FREE WEBINARS

SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH  
FOOD AND EXERCISE IN YOUNG PEOPLE

## BODY CONFIDENT CHILDREN & TEENS FREE WEBINARS

SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH  
FOOD AND EXERCISE IN YOUNG PEOPLE

**31ST AUGUST 2020**  
**11AM - 12.15PM**

OR

**2ND SEPT 2020**  
**7- 8.15PM**

With so many confusing messages around weight, food and health and with so many adults struggling with their own body image it can be difficult for parents to know how to support their child as they move through adolescence. Join Butterfly for a relaxed and informative webinar for carers of primary and secondary age children to give knowledge, information and tips to help you better understand and promote positive body image in the home.

### AUDIENCE

Parents & Community

### SESSION LENGTH

1hr 15mins

### COST

FREE - Registration essential

### PLATFORM

Zoom

### BOOK NOW

Need more? You can find lots of resources to help create a body confident home environment by joining **Love Your Body Week for Families**. Click [HERE](#)

### TOPICS COVERED INCLUDE:

- Overview of body image and the importance of prevention
- The spectrum of body and eating issues from healthy to unhealthy, to disordered and clinical diagnosis
- Key influences on body image, including social media and the importance of positive following
- Diet culture and weight stigma
- Busting common myths around eating disorders
- Reducing appearance based talk and how to respond when a child expresses negativity towards themselves or others
- The power of role modelling positive body image and healthy behaviours
- Understanding early warning signs and the importance of early intervention
- Referral and support information, including Butterfly's National Helpline

"So glad I attended. There is so much pressure on kids these days and it's hard to know what to do. This has given me lots of practical ideas." **Parent, WA**

Butterfly is Australia's largest charity supporting all those affected by eating disorders and negative body image. These events are offered as part of Butterfly's new initiative, [Love Your Body Week for Families](#) to help Australian homes respect, appreciate and celebrate ALL bodies.