

Please Choose your Foods wisely, the Green, Amber, and Red Sections are set as Guidelines to help parents and students choose a healthy and varied selection of foods.

The Canteen operates on  
Wednesdays & Fridays

Foods are written in the color matching their guidelines, as explained on the front.

*Volunteers are always welcome*

If you are interested in helping please contact

Tammy on 0428 506 496

Help is required between 9am-10am and/or 12:45pm – 2:00pm on Fridays only.

You can also call into the office or canteen at any time during office hours to put you name on our canteen roster schedule.

We appreciate all offers of help as this enables the continuation of the canteen and assists with economical pricing on our extensive menu.

*HOW TO PLACE AN ORDER*

Lunch orders to be placed in classroom tub or ordered using our Qkr app by 9am.

\*A bag is required for each child with the following details written on the bag.

1. The child's name & class,
2. Exact food requirements,
3. Amount of the order,
4. Tubs are taken from classrooms to the canteen by 9am.

Your order will be filled and delivered to the classroom during the second break at 1:45pm. If you ordered iced treats, you will need to bring the bag back to the canteen at 1:55pm.

# CANTEEN MENU


Term 1, 2021


## OPERATING WED & FRI



Big Hill Canteen  
Operates within the  
Guidelines set by the  
'Victorian Government  
Healthy Eating Program'

 Every Day Foods

 Every Day Foods  
in Moderation

 Sometimes Foods,  
small amounts

### ICE CREAMS

Quelch	\$1.00
Juicies	\$1.50
<b>NEW</b> Frozen Pineapple Ring	\$0.50
Paddle Pops	\$1.50
Moosie	\$1.50
Cruncha	\$1.50
Icy Poles	\$1.00

### SWEETS

Popcorn	\$1.00
Iced Donut	\$1.50
Cinnamon Donut	\$1.50
Lamington	\$1.50
Jelly Cup	\$1.50

### SANDWICHES

Vegemite	\$2.00
Vegemite & Cheese	\$2.50
Salad	\$3.50
Ham & Cheese	\$3.00
Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Chicken Lett & Mayo	\$3.50
Tub of Salad	\$4.00
with chicken or ham	\$5.00

*WHOLEMEAL ROLLS NOW AVAILABLE*

### DRINKS

Milo to go	\$2.00
Choc Oak Milk	\$2.00
Strawberry Oak Milk	\$2.00
Vanilla Breaka Milk	\$2.00
Water	\$1.50
Golden Circle Apple Juice	\$1.60
Golden Circle Apple Blackcurrant Juice	\$1.60
Golden Circle Orange Juice	\$1.60

### ROLLS & WRAPS

	\$2.50
	\$3.00
	\$4.00
	\$3.50
	\$4.50
	\$4.50
	\$4.00

### HOT FOOD

Mac 'n Cheese	\$4.00
Lasagne	\$4.00
Party Pies	\$1.10
Chicken Burger	\$4.30
Meat Pie	\$3.80
Pastie	\$3.80
Sausage Roll	\$2.80
Chicken Nuggets x3	\$1.80
Chicken Nuggets x 6	\$3.60
Dim Sim	\$1.00
Tomato Sauce	\$0.20
Soy Sauce	\$0.20
Hot Dog	\$3.30
Paper Bag	\$0.10
(REQUIRED FOR ALL ORDERS)	