



Calder Chronicle

NUMBER 6

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THURSDAY, 9TH MARCH 2023

CALENDAR

Friday, 10th March
MONDAY, 13TH MARCH

Wednesday, 15th March

Monday, 20th March

Tuesday, 21st March

Thursday, 23rd March

Monday, 27th March

Monday, 3rd April

Tuesday, 4th April

Wednesday, 5th April

Thursday, 6th April

THURSDAY, 6TH APRIL

Monday, 24th April

Tuesday, 25th April

Tuesday, 16th May

Guess the Easter Eggs Competition begins – 50 cents a guess, good luck!

LABOUR DAY PUBLIC HOLIDAY – NO SCHOOL

NAPLAN testing commences (Years 3 & 5)

Payment of \$20 due for the Junior Unit Central Deborah Goldmine Excursion

School Council AGM

The Resilience Project Parent & Community Presentation 6:30pm – 8:00pm

Junior Unit Central Deborah Goldmine Excursion

NAPLAN testing concludes (Years 3 & 5)

SCHOOL PHOTO DAY (no assembly, held Tuesday instead)

Easter Raffle Tickets due back at the Office

ASSEMBLY – STUDENTS OF THE TERM AWARDS – 9:00AM

Year 3/4 FREE Camp DEPARTS ~~8:30AM~~ now 9:15am

Year 3/4 FREE Camp returns approximately ~~3:30pm~~ **NOW APPROX. 2:45PM**

Easter Raffle & Guess the Eggs drawn

LAST DAY FOR TERM 1 – SCHOOL FINISHES AT 2:20PM

First Day of Term 2

ANZAC Day Public Holiday – no school

Somers Camp departs – selected students only

School Organisation

Dear Parent/s, Guardian/s and Carer/s,

As we head to the end of Week 6, only 4 weeks remain of this term. It's hard to believe how quick time flies... which reminds us all to make the most of each day and capitalise on what we can do with the children now – because blink and you miss it. The importance of school every day, on time, reading at home regularly etc, all comes to mind... something I thank families for valuing throughout the year.

STAFFING

It's been great to welcome Jayden back this week, after being quite ill. I know his Prep students have been very pleased to see him. Unfortunately, Catherine has become unwell today and won't return until next week – it seems the cooler weather is bringing in some germs and our staff are just like the children, they succumb to illness. Nick Reid, as mentioned, is on Paternity Leave after the birth of Percival, his second son. During the rest of term we are lucky to have Eve Acquisto working with the children during music sessions, with Nicole Peach working the full week with the Prep class also.

STUDENT REPRESENTATIVE COUNCIL (SRC)

The first meeting of the SRC took place with Chris on Monday, with the group looking at school activities, fundraising and improvements. A potential fundraiser flagged by the group is to raise money to have a robot in a classroom to allow one of our sick children to join in classes whilst she undertakes treatment in Melbourne. A pyjama day has been suggested, so look out for a date and details for this exciting initiative!

ATTENDANCE

If your child is unwell for more than one day, please see a doctor and get a medical certificate. If days are consecutive, it's really important to see a doctor and get that certificate to cover absences. When you have done so, please send a copy of the certificate to school or hand to the Office. Absences from school can't be helped, but excessive days off can be helped. It's important to get children to school as much as possible when they are well. Times have almost returned to normal, so if your child is generally well... send them to school. If you are unsure, do a RAT and if negative, send to school. Spare boxes of RAT's are available from the Office – please visit or contact to organise a box to come your way.

PUNCTUALITY

It's important to be at school on time –preferably around 8:50am, so students can go into their classroom, put their bag away, and get resources out and ready for the start of the day at 9:00am! The first hour of the day is traditionally the reading block. Reading is the fundamental skill to access all learning, therefore no one should be missing this session. If you think about it, a 9:30am arrival means a child misses half of their reading. If this happens each day, it adds up to hours and hours... so moving forward, always aim to be at school on time. Thank you for your cooperation.

LONG WEEKEND

We have a long weekend ahead of us, with a public holiday for all on Monday. Due to this, we will not have school on Monday and will start the week on Tuesday. Enjoy a day out of the routine Monday and an extra long weekend – time to charge the batteries.

NO ASSEMBLY NEXT WEEK

We won't have an assembly next week due to the Public Holiday Monday. Instead, we will present certificates to children at the Office and take photos for our Facebook page at 9:00am on Tuesday.

END OF DAY PICK UP

School finishes at 3:20pm. Parents / carers are reminded to be prompt with pickups. We do have staff supervising the yard until 3:35pm, however, after this, children should be picked up. Of course, from time to time, families might get held up... however, it shouldn't be a recurring situation. Children do get distressed and embarrassed when having to wait regularly for pickups. Ensure your appointments and commitments are made so as to avoid running late to school – priority is to be there for your child 😊.

SCHOOL COUNCIL

The first meeting of our School Council is fast approaching, with the Finance meeting at 6:30pm, the Annual General Meeting at 7:00pm and the March Meeting at 7:30pm all occurring on Tuesday, 21st March. The AGM is an open meeting, so all members of the community are invited to attend and listen to the presentation of our ANNUAL REPORT between 7:00pm and 7:30pm if interested. Please email Matthew.Pearce@education.vic.gov.au (if you are not a School Councillor) to register your attendance. Information for our meetings will be sent out next Friday, 17th March via email. Finance members may also receive a printed copy of finance documents before this time.

NATIONAL ASSESSMENT PROGRAM LITERACY AND NUMERACY (NAPLAN) – BEGINS NEXT WEDNESDAY!

NAPLAN testing for Years 3 and 5 begins next Wednesday, 15th March and runs for 9 days until Monday, 27th March. The expectation is for all children in Years 3 and 5 to complete the tests, however, as parents, you can withdraw / exempt your child due to disability or for your own reasons. This is a formal process, that involves the signing of forms... so if you want your child to be excluded from testing, please contact me directly via phone or email Matthew.Pearce@education.vic.gov.au ASAP to organise. Information about NAPLAN for parents will be sent home to families through COMPASS.

GROUNDS – ARE YOU LOOKING TO HELP?

Are you looking to assist the school, but can't during work hours? Our grounds often love a little more attention, so we welcome families to come in on weekends, or late afternoons and weed, remove sticks / debris from the yard, return stones to drains etc. We'd also love families to help spread the soft fall (ie: chip bark) under playgrounds when it is delivered next week. All you need to do is pick the time that suits and bring with you what you might need to do the work – garden gloves, wheelbarrow, shovel, rake etc. If you do come onsite and do some work, please let us know so that we can thank you in the newsletter. Any assistance is welcomed and appreciated!

YEAR 3/4 CAMP TO UPPER PLENTY

On Wednesday, 5th & Thursday, 6th April, during the last week of Term 1, our Year 3/4's will head off to UPPER PLENTY as part of their camp for 2023. This camp will see children returning on Thursday at approximately 2:45pm. Please note, this is after our 2:20pm end of term dismissal. The next day, Friday, is Good Friday... so if making travel plans, please adjust pick-ups to the return of camp if your child is attending. The cost of this camp is free, thanks to a VICTORIAN GOVERNMENT INITIATIVE – POSITIVE START CAMPS – therefore no cost to parents. We also ran a Senior Camp last year that was free for families. Whilst we can't always offer camps that are free, we are pleased to say that our Year 3/4 Camp this year comes at no cost to families. Preparations for camp are well underway, with Dean, Pauline and Catherine working hard to organise the event. Information will continue to be shared with families as it becomes available.

MCKERNS FRESH FRUIT

This week we had the *Lady Braves* visit us to help cut up fruit and talk with the students. It was lovely to have them at our school, and we send a big thank you so much for visiting us. Here are Michael McKern (McKern Foundation), Megan McKay (Bendigo Braves athlete), Ben Harvey (Commercial Partnerships and Community Manager), Abigail, Otis & Heath 😊.



PREMIER'S READING CHALLENGE

This year Big Hill Primary School is happy to be taking part in the Premier's Reading Challenge. The Challenge encourages students to read a set number of books over the year and record their efforts online. Since the Challenge first began in 2005, more than 4 million students have read over 57 million books. Please check your Compass feed for information on this fun opportunity.

ASSEMBLY / STUDENT OF THE TERM AWARDS

The Student Awards assembly will be held on the Tuesday of the last week of term (4th April), due to the Year 3/4 camp and School Photo Day. No normal assembly will be held on the Monday.

BIRTHDAYS

Happy birthday to Evie S, Tyler H, Samuel S, Summah J, Christopher W, Xavier D, Ty R, Zoe W, Joshua V & Max W.

4 weeks to go... and two of those weeks are short weeks. Taking that into consideration, the rest of the term is going to fly by! As you work towards the end of this week, I do hope you enjoy a break over the long weekend. Until next week...

Matt Pearce, Principal

FIRST STEPS NEWS

STARS OF THE WEEK

For displaying all our School Values when participating in the Life Skills program:

FSN **Elena T**
FSJ **Claudia K**

Nicole, Nick & Jayden

JUNIOR UNIT NEWS

25 NIGHTS READING

Fantastic effort kids, we are so proud of your achievement!

JA/R

- ✚ Lleyton H,
- ✚ Arlow D,
- ✚ Edward M,
- ✚ Anna S

JJ

- ✚ Malachi B,
- ✚ Hunter G,
- ✚ Conor O,
- ✚ Haize W,
- ✚ Elias S

JW

- ✚ Rhemmi C,
- ✚ Hendrix M,
- ✚ Emma P,
- ✚ Lucas Q

STUDENTS OF THE WEEK

For demonstrating the School Value of 'Responsibility' by promptly returning to the classroom after breaks:

JA/R **Elaina H**
JW **Rhemmi C**
JJ **Jake F**

Ainsley, Roberta, Wendy & Jen

MIDDLE UNIT NEWS

STUDENTS OF THE WEEK

For demonstrating the School Value of 'Safety':

MD **Addison H**
MC **Mia T**
MP **Jacinta D**

Dean, Catherine & Pauline

SENIOR UNIT NEWS

NATIONAL LITERACY & NUMERACY ASSESSMENT (NAPLAN) – REMINDER

Dear Parents/Caregivers,
This is to remind parents / caregivers that the National Assessment Program – Literacy & Numeracy (NAPLAN) will begin next week from Wednesday, 15th of March. Students in Year 5 will do all of their assessments online and to cater for this, the schedule for this will be over 2 weeks and is included below.

Please check in with your child to ensure they have working headphones, as these will be necessary for the tests.

Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th
Labour Day		Year 5 Writing 12:15pm start	Year 5 Reading 9:15am start
Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd
	Year 5 Conventions 9:15am start		Year 5 Maths 9:15am start

STUDENTS OF THE WEEK

For displaying the School Value of 'Responsibility':

SB **Mileah G**
SK **Skylah D**
SL **Thalia M**

Brett, Kate & Leisha

OSHC NEWS

JOKE OF THE WEEK

- ✚ If humans all turned to squirrels and other animals and we had to go to animal school, why would it be a bad idea to have tests? Because there's too many cheetahs!!

PARENTS & FRIENDS NEWS

PREP PARENT MORNING TEA

Thank you to those parents who came to our morning tea, it was lovely to meet you all 😊.

EASTER RAFFLE

Raffle tickets have been sent home. Thank you for those who have already sold theirs, and some have even requested more! Thank YOU! If you need any more, please contact the Office.

GUESS THE EGGS COMPETITION

This begins **tomorrow** at the Office for 50 cents a guess – come on down and good luck to everyone!

COMMUNITY NEWS



JOIN THE FUN!

Maiden Gully Auskick Centre

Maiden Gully Rec Reserve

Sunday's 10am starting April 30th

Gavin Hill – 0413 584 700

gavinhill2424@hotmail.com

Scan the QR Code to register!



LOWES

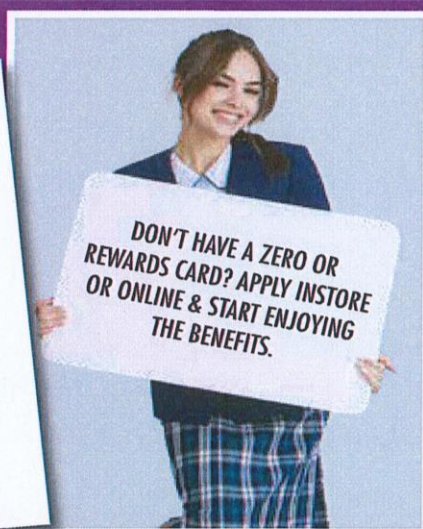
2 DAY VIP EVENT

**20% OFF
SCHOOLWEAR
& EVERYTHING ELSE***



MARCH 9TH & 10TH

**ZERO & REWARDS CARD HOLDERS
USE YOUR CARD AT CHECKOUT**



SHOP INSTORE & ONLINE

*T&C'S APPLY, SAVINGS OFF ORIGINAL PRICES.

Parent & Community Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.



Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM)**.

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

hello@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



Thursday, 23rd March from 6:30pm - 8:00pm (90 minutes) AEDT
Online Parent & Carer presentation (with other schools)

What you can expect.

Through emotionally engaging stories and practical strategies, this session will help parents and carers understand the benefits of letting go of shame, perfection, ego and control. It will combine powerful research with candid storytelling, along with a few laughs to help support what is arguably the toughest job in the world... being a parent or carer!

Why a Parent & Carer presentation?

When building positive mental health in schools, we know the best impact happens when we work together.

The 'Authentic Connection' presentation helps do just that by sharing those same evidence-based strategies being taught in the classroom, so they can be also practised at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves.

<https://us02web.zoom.us/join/9tZMkfuipqD8qE9W3e5ySVSZqpLSwgmocjYTi>

FRESH FRUIT FRIDAY

Benefiting the health
and wellbeing of our
Bendigo school children



FREE CHILD TICKET

**CODE:
BRAVES-INSCHOOL1**

Proudly funded and supported by:



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